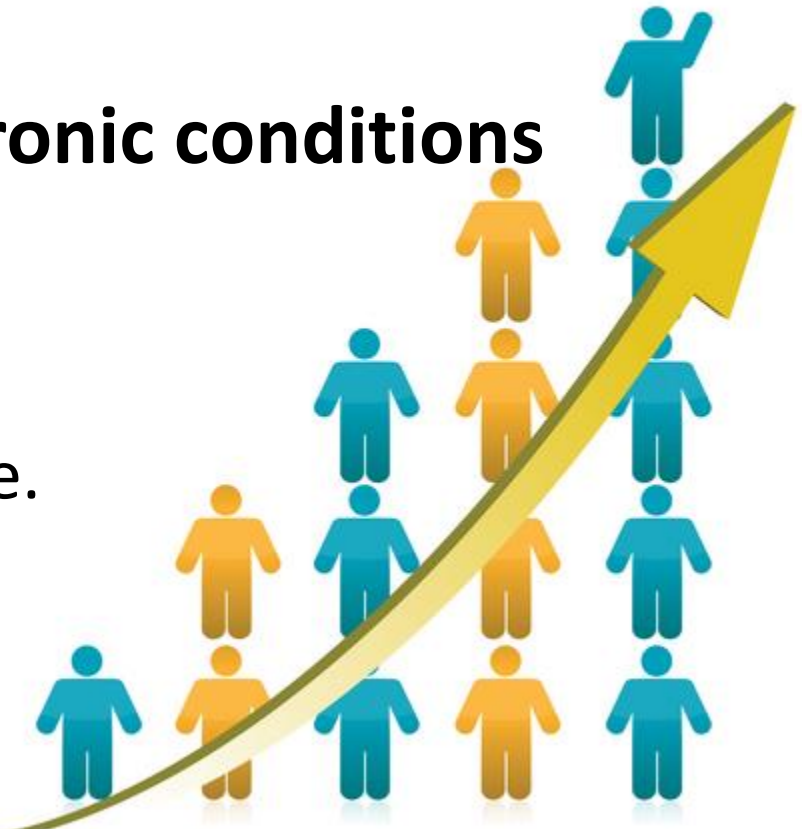




Caring for Caregivers in Thailand

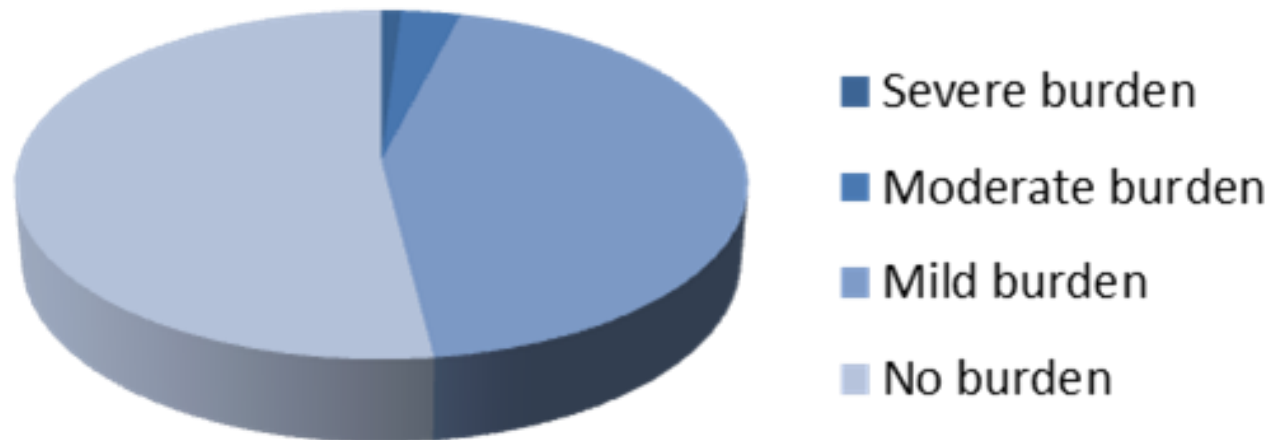
Caring for Caregivers: How is it important?

- Thailand is already an **aging society**.
- the number will **reach 32.1% of population in 2040**
- **61.6%** of adult with of **chronic conditions (NCDs) are elder**
- require assistance
 - Geriatric care and palliative.



Caring for Caregivers: What happens to caregivers in Thailand?

- Affect the caregivers' own
 - **physical and mental health,**
 - **financial challenges**
 - **social isolation**



Caregivers burden in Thailand in 2012

Limpawattana P, Caregivers burden of older adults with chronic illnesses in the community: a cross-sectional study. *J Community Health*. 2013;38(1):40-5.

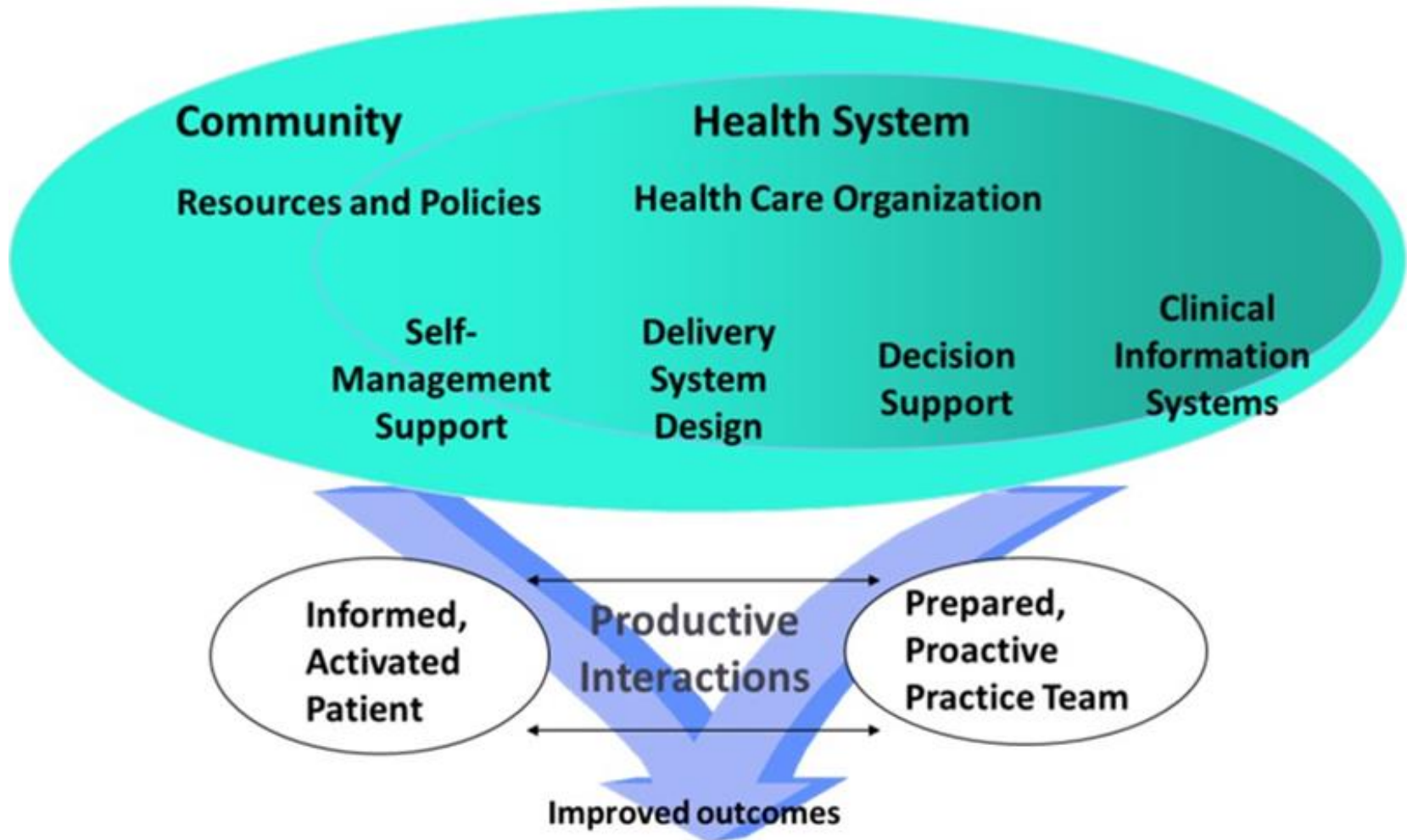
Wajatieng W, Pinyopornpanish K, Jirapornjareorn W. Factors associated with caregiver burden among stroke patients' caregivers. Report to Royal Collage of Family Medicine. 2017.

Caring for Caregivers: profile in Thailand.

- **Received little attention**
 - “hidden patients”
 - lack prior caregiving experience and knowledge
- **Caregiver need**
 - Caregivers need care for themselves
 - Improves care for care receivers

Caring for Caregivers: CCM

Chronic Care Model



Caring for Caregivers: Use of technology

Nowadays, they have three front-line Telemedical technologies

- **TeleECHO** → the most effective model
 - Safe and Effective as that of a Specialist
 - Community health workers
 - Opioid addictive treatments
 - Etc.
- Telehealth
- Telemedicine

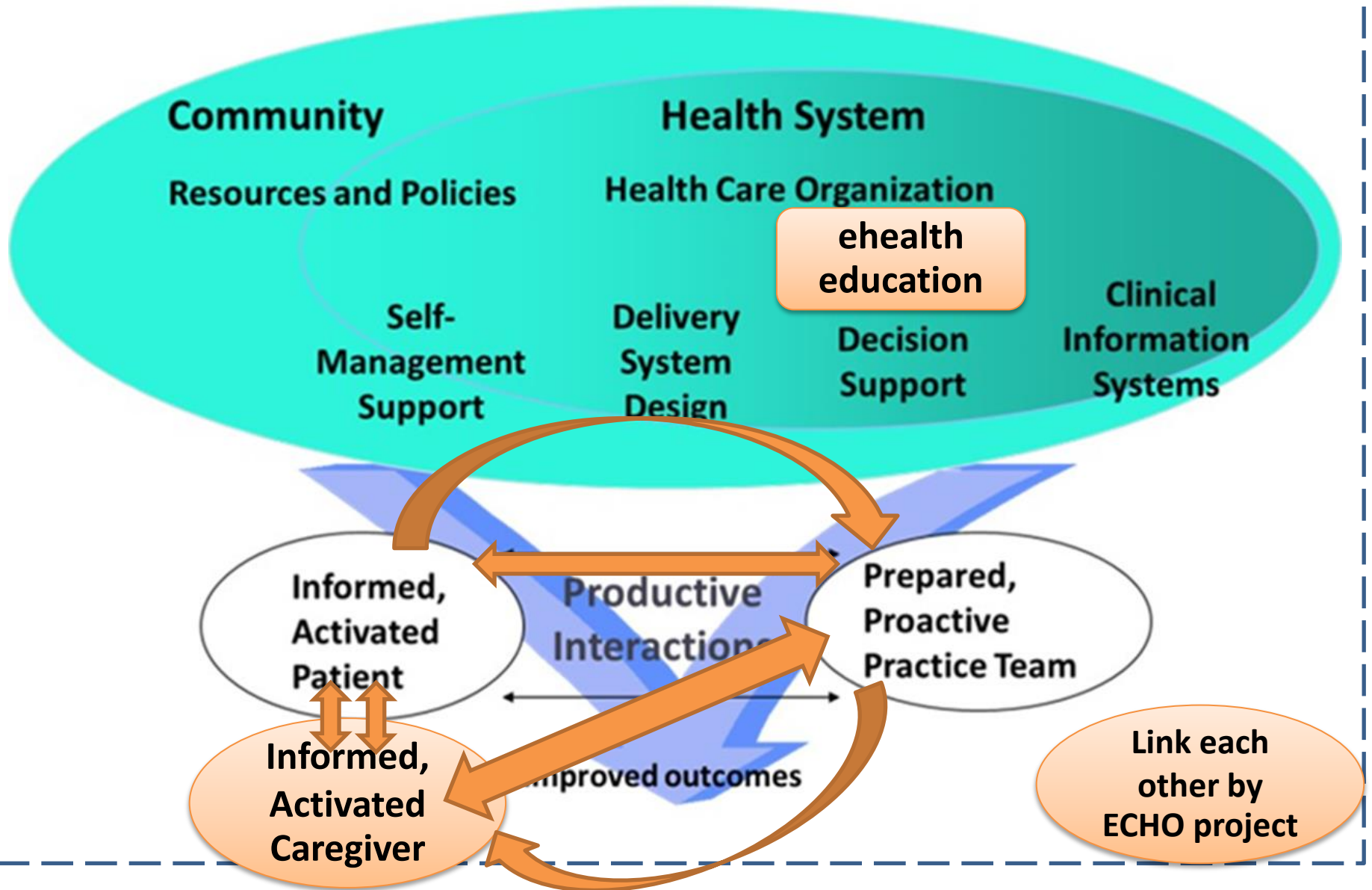
Caring for Caregivers: ECHO project

Extension for Community Healthcare Outcomes (ECHO)



- **face-to-face** hands-on training and practice of skills
- **Weekly videoconferences** (with participants on both video and phone), presenting and discussing patient cases, resource sharing, networking, expert presentations, and participant learning loops
- **Video modules** for material that doesn't require **interactive Q & A**

Chronic Care Model



Objectives

1. To study and analyze the **Thai and Americans health system** focusing on **caregiver supporting system** (palliative care and end of life care).
2. To study and analyzed the role of **Extension for Community Healthcare Outcomes (ECHO) Model**. Particularly in terms of organization of the project and monetary support which can be a model for implementation in Thailand
3. **To create and adapt the TeleECHO model/concept in Thailand**. This will improve recognition and reduce physical and psychological symptoms among caregivers and patients **to strengthen the chronic care system** in Thailand as a whole.
4. To strengthen effective coverage of **palliative and end of life care using Tele-medical device** and future application to reform and develop a Thai TeleIntensive Chronic Care Model system

Outcomes

National Family Medicine and Caring of caregiver system:

- **Created Caring of caregiver system guideline** for nation with the coordination of several organizations and the government especially the Ministry of Public Health.
- **Increase the public aware and education about the caring of caregiving**, which will consequently enhance outcomes of the chronic NCDs
- **Influence policies** and make significant improvement in health of Thai care givers and care receivers

Outcomes

Public:

- There will be an increase in **public awareness** about the important of caring for caregiver, which would lead to the **application of caring** in public in the long-term system.
- This public improvement will bring about the **change to the whole community** as it would lift up the standard of healthcare in Thailand to meet the international level.

THANK YOU

